

Berrien Springs Partnership Lab Syllabus and Instructor

Qualifications LABS (CLASSES) ARE PROVIDED AS AN EDUCATIONAL SOURCE FOR

PBL (PROJECT BASED LEARNING)

COMMUNITY CLASS TITLE: Kick Boxing

GRADE OR AGE LEVELS: k-18

FORMAT: IN-PERSON

DAY AND TIME OF THE WEEK: Tuesday/ Thursdays 5:00-6PM

TOTAL REQUIRED HRS: 1 hour per week

ADD'L POSSIBLE HRS (OPTIONAL TIME): 2 hours per week

TOTAL SEMESTER HOURS POSSIBLE: 2 hours per week for entire semester

LOCATION (address): 4410 N Roosevelt Dr, Unit C. Stevensville Michigan
- Green building

PRIMARY INSTRUCTOR: Johnathon Scott_____

CONTACT INFORMATION: phone: (269) 635-3549

email: thelabmartialartsandfitness@gmail.com

website: swmilab.com

ADDITIONAL REGISTRATION AT SITE REQUIRED? NO

INSTRUCTOR QUALIFICATIONS (may attach a separate page if

necessary): Johnathon Scott Black Belt Jiu Jitsu, 15 years experience Muay Thai/ kick boxing Practitioner/ coach

COURSE DESCRIPTION (OVERVIEW): Where focus meets fun — our Bang Muay Thai program teaches kids discipline, confidence, and striking fundamentals in a structured, safe, and exciting way. Designed to build strong bodies and stronger minds, this system gives kids the tools to succeed on and off the mats!

SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING LAB ACTIVITIES

Describe activities that will reinforce the lesson. Include any work and time to be required outside of class: We warm up with fundamental drills, teach techniques applicable to the curriculum and practice it at the end. Reviewing the next course.

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

Steps to check for student understanding, along with dates or # of weeks into class: We give “stripes” and belts to see the students pace of learning and their ability to perform. We also include a free shirt when they sign up that shows their rank!

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status? As long as they

participate fully and engage there is no failing, I am a firm believer that Muay Thai is for everyone. As long as you are willing learn and work at it, we will get it together.

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.
- 3) Other: (please list)

Class-specific assessment: discuss and include any form or a link to a form that

you use. **ADDITIONAL RESOURCES:** (online, books, video, etc.):

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: Must be there 1x a week minimum.

Weather: Weather will be emailed out if class is canceled, if no email, class is running.

Other: If students aren't performing to the standard of class, we will inform the parent. If that does not resolve the issue we will talk to Sharon. If that does not resolve the issue, the student will be asked to leave.

