

# Berrien Springs Partnership Lab Syllabus and Instructor Qualifications

**LABS (CLASSES) ARE PROVIDED AS AN EDUCATIONAL SOURCE FOR PBL (PROJECT BASED LEARNING)**

**COMMUNITY CLASS TITLE:** Brazilian Jiu Jitsu

**GRADE OR AGE LEVELS:** K-12

**FORMAT:** IN-PERSON

**DAY AND TIME OF THE WEEK:** In person, m/w/f 5:15-6PM

**TOTAL REQUIRED HRS:** 18 hours required

**TOTAL SEMESTER HOURS POSSIBLE:** Total possible 27 Hours

**LOCATION:** 4410 N Roosevelt Dr, unit C. Stevensville Mi

**INSTRUCTOR:** Johnathon Scott

**CONTACT INFORMATION:**

**Phone:** 269-635-3549

**email:** [thelabmartialartsandfitness@gmail.com](mailto:thelabmartialartsandfitness@gmail.com)

**website:** swmilab.com

**ADDITIONAL REGISTRATION AT SITE REQUIRED? YES NO**

**IF YES, INSTRUCTIONS FOR REGISTRATION:**

**INSTRUCTOR QUALIFICATIONS** (may attach a separate page if necessary): Johnathon Scott is a Brown Belt in Brazilian Jiu Jitsu and has been training for 14 years and coached multiple champions all the way to kids class for the last 8 years.

**COURSE DESCRIPTION (OVERVIEW):** Kids Brazilian Jiu-Jitsu (BJJ) is a martial arts program designed for children that emphasizes self-defense, discipline, and physical fitness through the practice of ground fighting techniques. Tailored for younger practitioners, classes focus on developing techniques, coordination, and confidence in a safe and supportive environment. In addition to teaching practical

skills, kids' BJJ promotes respect, teamwork, and perseverance, helping children build important life skills alongside their martial arts training. The curriculum often includes gameplay and fun drills to keep the training engaging while instilling fundamental BJJ principles.

## SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING LAB ACTIVITIES

*Describe activities that will reinforce the lesson. Include any work and time to be required outside of class:* Daily class plans written out, daily drills and techniques along with games to keep the kids involved.

## COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

*Steps to check for student understanding, along with dates or # of weeks into class:*

We follow a kids class curriculum developed over time, we have “belts” and “stripes” to monitor a kids Jiu Jitsu progress to see where they are at.

## STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

## **CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.**

**Attendance:** We will talk to parents 2 times and then the partnership if need be.

**Weather:** We will follow local schools to determine if unsafe to attend, if a parent ever deems too unsafe to attend we will give an excused absence.

**Other:**