

Berrien Springs Partnership Lab Syllabus and Instructor Qualifications

LABS (CLASSES) ARE PROVIDED AS AN EDUCATIONAL SOURCE FOR PBL (PROJECT BASED LEARNING)

COMMUNITY CLASS TITLE: ATA Taekwondo

GRADE OR AGE LEVELS: Ages 4+

FORMAT: IN-PERSON

DAY AND TIME OF THE WEEK:

Ages 4-6 - One class per week Mon-Thurs 5:30-6:00pm

Ages 7+ - One class per week Mon-Thurs 5:30-6:15pm

(If you have prior Martial Arts experience, other class times may be substituted)

TOTAL REQUIRED HRS: 12 **ADD'L POSSIBLE HRS (36):**

TOTAL SEMESTER HOURS POSSIBLE: 48

LOCATION: 211 Hilltop Rd (Entrance is on the west side of the building)

INSTRUCTOR: Master Any Dixon, Mrs. Leslie Woods, and Mr. Landon Woods

CONTACT INFORMATION: Phone: 269-332-4450

Email: lunarmartialarts@gmail.com

Website: <http://www.lunarmartialarts.com>

ADDITIONAL REGISTRATION AT SITE REQUIRED? YES

IF YES, INSTRUCTIONS FOR REGISTRATION: See Master Dixon, or Mr. Woods to complete this at your first day of class

INSTRUCTOR QUALIFICATIONS (may attach a separate page if necessary): Our instructors are all top-level certified by the American Taekwondo Association (ATA). We maintain a nationally recognized curriculum and compete against other schools across the country in technique, weapons, sparring, and combat.

COURSE DESCRIPTION (OVERVIEW): Students will learn self-defense, flexibility, athleticism, safety, and self-improvement skills while understanding the tenets of Taekwondo which include: Compassion, Critical Thinking, Confidence, Communication, Collaboration, and Commitment. Students must attend 1 class per week for the 16 weeks of the semester.

SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING LAB ACTIVITIES

Describe activities that will reinforce the lesson. Include any work and time to be required outside of class:

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

We operate year-round as a school broken up into 8 week cycles, so students may enter classes at any time. Students are eligible to test for their next belt at those cycle changes. All students will test for at least 1 belt rank each semester.

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

Class-specific assessment: discuss and include the form or a link to the form that you use.

ADDITIONAL RESOURCES: (online, books, video, etc.):

Students will wear the full uniform (provided by BSPS Partnership)

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: Students should expect to attend 1 class per week for the 16 weeks of the semester. If students want to take more classes each week (up to 4 are offered), students will be charged \$100 per month above what BSPS pays for tuition.

Outside of the school semester, students have the option to upgrade to our regular training package for \$200/month (up to 4 classes per week).

Weather: We do our best to notify parents through our free app as soon as inclement weather arises. We may make adjustments to the schedule for national holidays and unforeseen circumstances.

Other: Students will wear an appropriate white t-shirt and your provided uniform for all classes. Students can sign-up for our Trial program (\$50) prior to the Partnership schedule as a means to try the class before you register. See our website for details. Students have the opportunity to compete at ATA National and Regional Tournaments at their own expense and travel arrangements. A list of Tournaments can be found at <https://atamartialarts.com/events/event-schedule/>.