

Berrien Springs Partnership Lab Syllabus and Instructor Qualifications **LABS**

(CLASSES) ARE PROVIDED AS AN EDUCATIONAL SOURCE FOR PBL (PROJECT BASED LEARNING)

COMMUNITY CLASS TITLE:

GRADE OR AGE LEVELS: Ages 4+

FORMAT: IN-PERSON ONLINE In Person

DAY AND TIME OF THE WEEK:

- We host classes every evening Mon-Thurs. You may attend 1-4 classes per week (2 classes recommended)
Tigers (Ages 4-6) 5:30pm-6:00pm
Beginners (ages 7+) 5:30pm-6:15pm
All other ranks are welcome - See Master Dixon for evaluation and class placement

TOTAL REQUIRED HRS: 12 **ADD'L POSSIBLE HRS (OPTIONAL TIME):** 36

1x per week required; 2x per week recommended

TOTAL SEMESTER HOURS POSSIBLE: 48 hours possible

LOCATION (address):

211 Hilltop Rd, St Joseph MI 49085

- Our entrance in the building is on the West side of the building facing the hotel.
When you come in the door, we are the 2nd door on the left.

PRIMARY INSTRUCTOR: Master Andy Dixon

- list additional instructors that will be background checked:

All of our adult instructors are background checked as per the American Taekwondo Association Requirements

CONTACT INFORMATION: Phone: 269-332-4450

Email: lunarmartialarts@gmail.com

Website: <http://www.lunarmartialarts.com>

ADDITIONAL REGISTRATION AT SITE REQUIRED? YES

IF YES, INSTRUCTIONS FOR REGISTRATION:

See Master Dixon for Insurance Liability Waivers and Intro Class Scheduling
(Week of 8/25-28)

INSTRUCTOR QUALIFICATIONS (may attach a separate page if necessary):

Our instructors are all top-level certified by the American Taekwondo Association (ATA). We maintain a nationally recognized curriculum and compete against other schools across the country in technique, weapons, sparring, and combat.

COURSE DESCRIPTION (OVERVIEW):

Students will learn self-defense, flexibility, athleticism, safety, and self-improvement skills while understanding the tenets of Taekwondo which include: Compassion, Critical Thinking, Confidence, Communication, Collaboration, and Commitment. Students must attend 1 class per week for the 16 weeks of the semester.

SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING LAB ACTIVITIES

Describe activities that will reinforce the lesson. Include any work and time to be required outside of class:

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES: Steps to check for student understanding, along with dates or # of weeks into class:

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

- 1) Student agrees to attend at least 80% of class sessions/lessons required. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.
- 3) Other: (please list)

Class-specific assessment: We operate year-round as a school broken up into 8-week cycles, so students may enter classes at any time. Students are eligible to test for their next belt at those cycle changes. All students will test for at least 1 belt rank each semester.

ADDITIONAL RESOURCES: (online, books, video, etc.): Parents will download a school-specific application on a mobile device to keep up with school announcements, etc.

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: Students should expect to attend 1-2 classes per week for the 16 weeks of the semester. 4 class times are offered each week.

Outside of the school semester, students have the option to continue training under our regular training package for \$200/month (up to 4 classes per week).

Weather: We do our best to notify parents through our free app as soon as inclement weather arises. We may make adjustments to the schedule for national holidays and unforeseen circumstances.

Other: Students will wear an appropriate white t-shirt and your provided uniform for all classes. Students can sign-up for our Trial program (\$50) prior to the Partnership schedule as a means to try the class before you register. See our website for details. Students have the opportunity to compete at ATA National and Regional Tournaments at their own expense and travel arrangements. A list of Tournaments can be found at <https://atamartialarts.com/events/event-schedule/>.