

Berrien Springs Partnership Lab Syllabus and Instructor Qualifications

LABS (CLASSES) ARE PROVIDED AS AN EDUCATIONAL SOURCE FOR PBL (PROJECT BASED LEARNING)

COMMUNITY CLASS TITLE: Aerial Arts

GRADE OR AGE LEVELS: Ages 5+

FORMAT: IN-PERSON ONLINE FLEXIBLE DAY AND TIME OF THE

WEEK: In person | Choose your 1 class (various classes offered Sun-Thur)

TOTAL REQUIRED HRS: ADD'L POSSIBLE HRS (OPTIONAL TIME): TOTAL

SEMESTER HOURS POSSIBLE: 20

LOCATION: 55200 Pine Rd

INSTRUCTOR: Vivianne Perez, Gabby Kitt, Sophia Parsons, Adelina Fairchild, Haley Elrick, Dorren Stelton

**CONTACT INFORMATION: 574-234-7019, esa.aerialarts@gmail.com
www.esaaerialarts.com**

ADDITIONAL REGISTRATION AT SITE REQUIRED? YES

IF YES, INSTRUCTIONS FOR REGISTRATION: Yes, must create an account on our parent portal and contact us for enrollment

INSTRUCTOR QUALIFICATIONS (may attach a separate page if necessary): 7+ years experience doing and performing aerial (each of our instructors), 3+ years experience teaching (each of our instructors) CPR & Concussion certifications (each of our instructors)

COURSE DESCRIPTION (OVERVIEW): Introduction/Beginner class where basics are taught in a logical and sequential manner. Students will learn how to climb and wrap the silk for basic poses. You learn from

the ground up learning everything close to the floor. On lyra the basics of spinning, swinging, mounting and poses will be learned. As strength is developed, students will move to sequences – linking multiple moves together on both apparatuses

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

Learn the basics of silks & lyra. Progression will depend on many factors specific to the student.

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

Class-specific assessment: discuss and include the form or a link to the form that you

use. **ADDITIONAL RESOURCES: (online, books, video, etc.):** n/a

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: Absences will result in up to 2 makeup tokens per month that can be used in equal or lower level classes. Open workout is also available for makeup use for children ages 10+ or with instructor permission.

Weather: Heat, snow and other weather related closures will be announced via text, email & social media. Makeup tokens are issued for missed classes.

Other: Safety is priority. Students who do not conduct themselves in a manner that will keep them, their classmates and/or instructor safe will not be allowed to participate and will need to observe class from the parent seating area.