

## Berrien Springs Partnership Syllabus and Instructor Qualifications

**CLASS TITLE:** Swim Club

**Dolphins Swim Club:** BH/ SJ YMCA

**Mariners Swim Club:** Niles-Buchanan YMCA

**GRADE OR AGE LEVELS:** ages 5 - 8 & ages 9-18

**START DATE:** September (August Touchpoint)

**END DATE:** March

**# WEEKS TOTAL:** Dependent upon meet outcome

**WEEKS OFF:** Thanksgiving, Winter Break

**DAY/TIME REQUIRED:** M-F

**ADD'L DAYS/WK AVAILABLE:** Various

**# HOURS (REQUIRED):** Min 3

**# HOURS (POSSIBLE):** 10+

**TOTAL SEMESTER HOURS POSSIBLE:** 160+

**LOCATIONS/ADDRESSES:**

YMCA

Benton Harbor – St. Joseph: 3665 Hollywood Rd. St. Joseph, MI 49085

YMCA Niles – Buchanan: 905 Front St. Niles, MI 49120

**DIRECTIONS TO LOCATION (if needed):** Upon request.

**MAIN INSTRUCTOR:** Kendra Gray (BHSJ)/ Will McKorkle (NBY)

**ADDITIONAL PRIMARY INSTRUCTORS (background checked):**

**CONTACT INFORMATION:** Allison Kiggins

**Phone:** 269.683.1552

**Email:** [akiggins@ymcagm.org](mailto:akiggins@ymcagm.org)

**Website:** [YMCAGm.org](http://YMCAGm.org)

**ADDITIONAL REGISTRATION AT SITE REQUIRED?** YES

**IF YES, INSTRUCTIONS FOR REGISTRATION:** Please be sure to register online with the Berrien Springs Partnership and be mindful of your YMCA branch locations. You will be contacted by the YMCA, via e-mail or telephone, regarding course specifics. \*For late registrations (outside registrations dates), or changes, please contact the partnership as well as the YMCA.

**\*This class requires self-paid fees.**

**MAIN INSTRUCTOR QUALIFICATIONS:** American Red Cross Lifeguard Certification, CPR/AED/First Aid/Bloodborne Pathogen certification, WSI certification.

**COURSE DESCRIPTION (complete overview shown on website):**

Swim club is open to ages 5–8 who can complete one length of both freestyle and backstroke and ages 9–18 who can complete two lengths of both freestyle and backstroke

**\*Students should bring appropriate swim attire and goggles.**

\*\*\*\*Parents cannot stay in class with the student, it is drop off only. They are welcome to attend 'Watch Me Swim' days as offered, and they can stay in the lobby to observe the lessons, but they can't be in the pool area.

### **SYLLABUS/OUTLINE:**

Students will learn drills, techniques, and other tools to better their swim skill. Some items include: stroke and kick practice as well as focus on conditioning, speed and stamina.

There may also be a small amount of weekly take-home work to further the student's knowledge outside the pool.

**STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?**

Participation. Effort. Progress. Personal goal setting and achievement.

**ADDITIONAL RESOURCES: (online, books, video, etc.):** None

### **CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.**

**Attendance:** Attendance will be recorded each day. If the student is going to be absent, we request prior notification.

Attendance requirements vary depending on level.

Red Group: Monday, Wednesday, Friday - 1-hour/ Day

Yellow Group: Monday-Friday 1.25-hours/ Day, 3 days minimum

Blue Group: Monday-Friday 1.5 hours/Day, 4 days/week minimum

Green Group: Monday-Friday 2 hours/ Day

**Behavior:** "Positive anything is better than negative nothing." Elbert Hubbard

**Weather:** Class cancellations will be announced by the instructor.

The Partnership Student Assessment or Performance Form is filled out by the teacher and turned into Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.