# Berrien Springs Partnership Syllabus and Instructor Qualifications

**CLASS TITLE: Andrews Jr. Cardinal Basketball** 

**GRADE OR AGE LEVELS: 5th-12th Grades** 

**FORMAT: IN-PERSON** 

START DATE: 01/12/25 END DATE: 03/16/25

# WEEKS TOTAL: 10 WEEKS OFF: None

**DAY/TIME REQUIRED: TBD** 

ADD'L DAYS/WK AVAILABLE: TBD

# HOURS (REQUIRED): 16 # HOURS (POSSIBLE): 20

**TOTAL SEMESTER HOURS POSSIBLE: 20** 

**LOCATION/ADDRESS:** Andrews Academy, 8833 Garland Ave, Berrien Springs

**MAIN INSTRUCTOR: Scott Schalk** 

#### ADDITIONAL PRIMARY INSTRUCTORS (background checked):

Mark Hunt, Ryan Hayes, Suzi Hayes, Scott Baker, Josh Leets, Andrew Simpson, James Burks, Rick Loenser

CONTACT INFORMATION: Phone: 269-208-1933 Email: scott.e.schalk@gmail.com

ADDITIONAL REGISTRATION AT SITE REQUIRED? Yes

IF YES, INSTRUCTIONS FOR REGISTRATION: Medical paperwork

MAIN INSTRUCTOR QUALIFICATIONS: Coach Schalk has been coaching boys' and girls' basketball for the past 12 years through both the GBSRD and Andrews basketball programs. In addition, he runs a community basketball program on Thursday nights. He is currently the Athletic Director for the Andrews Jr. Cardinals Basketball program. Recent training under Andrews University Athletic Department includes Title IX, Concussion Protocol and NAD Coaching Certificate.

### **COURSE DESCRIPTION:**

Andrews Jr. Cardinals Basketball is designed to provide participants the opportunity to develop and improve their basketball skills through weekly practices. These practices will focus on conditioning, passing, shooting, ball handling, court awareness, and offense and defense strategies.

## SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING ACTIVITY

Week 1: Introduction, Pre-Test, Skill Assessments

Week 2: Condition Training, Terminology, Dribbling, Passing

Week 3: Condition Training, Offense/Defense Strategies, Dribbling, Shooting

Week 4: Mid-semester Testing

Week 5: Condition Training, Defense, Dribbling, Fast Break

Week 6: Condition Training, Rebounding, Shooting

Week 7: Condition Training, Dribbling, Passing, Defense, Shooting

Week 8: Wrap-Up, Post-Test Evaluation Games

#### COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

- 1. By week 3 students will demonstrate a basic understanding of basketball fundamentals.
- 2. By week 5 students will show improvement from their baseline tests in Week 1 and can practice drills on their own.
- 3. By week 8 students will have a well-rounded learning of basketball rules and strategies while demonstrating improved shooting and play.

# STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

**Class-specific assessment:** Student skills will be assessed in the first week based on their basketball knowledge and on their shooting skills. Each other week we will keep track of shooting stats.

ADDITIONAL RESOURCES: (online, books, video, etc.): Breakthroughbasketball.com

# CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: 80% unless excused absence from parents

Behavior: Good attitude and sportsmanship

Weather: Classes will be cancelled based on school closings