

# Berrien Springs Partnership Syllabus and Instructor Qualifications

**CLASS TITLE:** Andrews Jr. Cardinals Soccer

**GRADE OR AGE LEVELS:** 9<sup>th</sup> - 12<sup>th</sup> Grades

**FORMAT:** IN PERSON

**START DATE:** 08/18/25

**END DATE:** 10/13/25

**# WEEKS TOTAL:** 8

**WEEKS OFF:**

**DAY AND TIME OF THE WEEK:** Sundays 5:30 pm-7:30pm

**TOTAL REQUIRED HOURS:** 16

**ADD'L POSSIBLE HRS (Optional Time):** 8

**TOTAL SEMESTER HOURS POSSIBLE:** 24

**LOCATION/ADDRESS:** PMC Field, 8655 University Blvd, Berrien Springs, MI 49103

**MAIN INSTRUCTOR:** David Poloche

**ADDITIONAL PRIMARY INSTRUCTORS (background checked):** John Chung, Gerson De Leon, Matt Kohls

**CONTACT INFORMATION:** Phone: 269-422-7031 Email: [drpoloche@gmail.com](mailto:drpoloche@gmail.com)

**ADDITIONAL REGISTRATION AT SITE REQUIRED?** Yes

**IF YES, INSTRUCTIONS FOR REGISTRATION:** Visit the Andrews Junior Cardinal Website ([www.andrewsjrcardinals.org](http://www.andrewsjrcardinals.org)) for additional registration information, such as medical paperwork, a copy of insurance card, and waivers.

**MAIN INSTRUCTOR QUALIFICATIONS:** David Poloche has been involved with soccer as a player, parent, coach, and athletic director for many years. He has helped improve the soccer program for the middle school and high school programs. David has a passion for helping players develop their individual skills and working as a team.

**COURSE DESCRIPTION:** Andrews Jr. Cardinals Soccer is designed to provide participants the opportunity to develop and improve the fundamental soccer skills and knowledge of the game through theory and practice. This course will introduce you to the fundamental skills of soccer, such as: trapping, passing, dribbling, kicking, shooting, heading, goalkeeping, throwing, and teamwork. A special emphasis is placed on outdoor soccer. A general overview will be proposed on soccer terms and rules.

**SYLLABUS/OUTLINE:** WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING ACTIVITY

**Week 1: Introduction, Test 1, Skill Assessments, Safety Procedures**

**Week 2: Condition Training, Theory, Passing**

**Week 3: Condition Training, Theory, Trapping and Controlling**

**Week 4: Condition Training, Theory, Dribbling**

**Week 5: Mid-semester Testing,**

**Week 6: Condition Training, Theory, Shooting, Long Passes (straight and curved)**

**Week 7: Condition Training, Shielding and Team-Work Strategies**

**Week 8: Condition Training, Mini Tournament, Wrap-Up, Final Test.**

### **COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:**

1. By week 3 students will demonstrate a basic understanding of soccer fundamentals.
2. By week 5 students will show improvement from their baseline tests in Week 1 and can practice drills on their own.
3. By week 8 students will have a well-rounded learning of the soccer rules and strategies while demonstrating improved play.

### **STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?**

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

**Class-specific assessment:** Student skills will be assessed in the first week based on their soccer knowledge and on their passing, control and shooting skills.

### **ADDITIONAL RESOURCES: (online, books, video, etc.):**

Student will be encouraged to watch soccer games on TV/Computer on their own.

### **CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.**

**Attendance:** 80% unless excused absence from parents

**Behavior:** Good attitude and sportsmanship

**Weather:** Classes will be cancelled based on school closings