Berrien Springs Partnership Syllabus and Instructor Qualifications

CLASS TITLE: Group Swim   **GRADE OR AGE LEVELS:** 5+

START DATE/ END DATE: Swim Director will contact students

 # WEEKS TOTAL: 14   **DAY/TIME REQUIRED:** Varies

ADD'L DAYS/WK AVAILABLE: Varies

 # # HOURS (REQUIRED): 16

TOTAL SEMESTER HOURS POSSIBLE: Varies

LOCATIONS/ADDRESSES: YMCA

Benton Harbor – St. Joseph: 3665 Hollywood Rd. St. Joseph, MI 49085   YMCA

Niles – Buchanan: 905 Front St. Niles, MI 49120

DIRECTIONS TO LOCATION (if needed): Upon request.

MAIN INSTRUCTOR: Various

CONTACT INFORMATION: Allison Kiggins   Phone: **269.683.1552**

Email: akiggins@ymcagm.org   Website: **YMCA.org**

ADDITIONAL REGISTRATION AT SITE REQUIRED?   **YES**   NO

IF YES, INSTRUCTIONS FOR REGISTRATION: Please be sure to register online with the Berrien Springs Partnership and be mindful of your YMCA branch locations. You will be contacted by the YMCA, via e-mail or telephone, regarding course specifics. *For late registrations (outside registrations dates), or changes, please contact the partnership as well as the YMCA.

*Students must be registered for Session I and will automatically be registered for, and must complete, Session II as well.

MAIN INSTRUCTOR QUALIFICATIONS: American Red Cross Lifeguard Certification, CPR/AED/First Aid/Bloodborne Pathogen certification, WSI certification.

COURSE DESCRIPTION (complete overview shown on website):

Each level of swim lessons will focus on skills that will progress in difficulty. At the end of each session (7weeks) students will be evaluated and moved if necessary. All swim lessons are geared toward increasing the student's self-confidence and physical fitness. This course also includes a "Safety Around Water" a lesson to help grow awareness and skills in the water.

*Students should bring appropriate swim attire and goggles.

SYLLABUS/OUTLINE:

Progression is student based. We will practice floating, breathing, kicking, some diving, work on swim stroke mechanics, and may utilize swim bubbles,.

All students will receive a small amount of weekly take-home work to further their knowledge outside the pool.

COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:

See homeschool partnership website.

STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?

Final projects will be presentations (in-person or video) of things such as: ❖ Project boards or detailed slide presentations of the class subject given to any audience – anything from a microscopic, detailed part of what was learned or a 30,000 ft view of the subject matter AND how it relates to the student or the student's family life, peers, environment, community, or even wider still. ❖ Public service announcement or commercial, etc. ❖ An original composition (song, skit, play, etc.) ❖ Poster, book pamphlet ❖ 3D models ❖ Any other creative, approved project, presented to an audience

Class-specific assessment: Project topics will be discussed and chosen during the first few weeks of class.

ADDITIONAL RESOURCES: (online, books, video, etc.): None

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: Attendance will be recorded each day. If the student is going to be absent, we request prior notification.

Behavior: "Positive anything is better than negative nothing." Elbert Hubbard

Weather: NA

Other: Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is

kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.

The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.