

## 2025 Fall GZA Syllabus and Instructor Qualifications

**CLASS TITLE:** **GZA - TARGET ARCHERY 301/201**

**CATEGORY:** Humanities – re-enactment and Physical Education

**GRADE OR AGE LEVELS:** 11yrs+ or approval from Coach Dawson

**START DATE:** week of 8/31/2025      **END DATE:** week of 12/14/2025

**CLASS LOCATION/ADDRESS/DATES/TIMES:**

*St. Joe - 4032 M-139, St Joseph, MI 49085*

**Tuesday** – September 2, 9, 23, 30 October 7, 14, 21, 28 November 4, 11, 18  
December 2, 9,

**Time-** 2:30 - 4pm, 6:30 - 8pm

**Wed.** – September 3, 10, 24, October 1, 8, 15, 22, 29 November 5, 12, 19  
December 3, 10

**Time-** 2:30 - 4pm

**Sats** – September 6, 27 October 4, 11, 18 November 1, 8, 15, 22 December 6, 13  
*Time Options::* 12:30 - 2pm

**Class Min # of Students:** 2

**Class Max # of Students:** 15

**# WEEKS TOTAL:** 12

**WEEKS OFF:** 2

**DAY/TIME REQUIRED:** See class schedule **ADD'L DAYS/WK AVAILABLE:**

**# HOURS (REQUIRED):** 16

**# HOURS (POSSIBLE):** 18

**TOTAL SEMESTER HOURS POSSIBLE:** 18

**MAIN INSTRUCTOR:** Coach Dawson

**ADDITIONAL PRIMARY INSTRUCTORS (background checked)**

**CONTACT INFORMATION:**

phone: 269-240-4764

email: [groundzeroarchery@gmail.com](mailto:groundzeroarchery@gmail.com)

website: [groundzeroarchery.com](http://groundzeroarchery.com)

facebook: [groundzeroarchery](https://www.facebook.com/groundzeroarchery)

ADDITIONAL REGISTRATION AT SITE REQUIRED? NO

IF YES, INSTRUCTIONS FOR REGISTRATION:

**MAIN INSTRUCTOR QUALIFICATIONS:** I have a passion for archery! Even more, I love seeing kids learn, explore and excel in their passions. My first encounter with archery, like so many, was at summer camp when I was 8 years old. I can still feel the thrill and accomplishment I felt sighting down the arrow, releasing the string, and hitting the target. Through the years my love for archery has grown, along with my passion for teaching children. I have continued my training and currently hold the following certifications: USA Archery Level 4NTS Coach, NFAA Level 4, USA Archery Level 2 NTS Trainer and Safe Sport certified.

### **COURSE DESCRIPTION (complete overview shown on website):**

#### **Information about the Course:**

**301 Class Prerequisites: Archery 101 & 201**

**201 Class Prerequisites: Archery 101**

**Materials Needed for Class:** None

**Additional Class Cost:** One-time **\$10.00** bow handling component fee per student if you wish your student to handle a bow and arrow during class time.

(All archery courses offered by the partnership do not include actual bow handling or purchasing of archery equipment for the students.

A one-time, per semester (\$10.00) bow handling component may be purchased separately by contacting Ground Zero Archery directly).

#### **Description:**

Archers will learn advanced competition information about archery equipment, range safety, an archer's stance, shooting techniques, arrow scoring with strong emphasis on the mental aspect of archery.

Each student will be instructed in:

- Advanced stretches and exercises for archery performance.
- Advanced terminology used in archery.
- Archery, The mental game.
- Advanced archer's stance, grip, draw and release training.
- Students will practice scoring arrows.
- Practice rules of competition and archery etiquette.

Archer's archery equipment will be used for instruction.

**SYLLABUS/OUTLINE: weekly breakdown of Project-Based Learning activities**

### Weekly breakdown:

<b>Week 1: Introduction</b>  Explain class rules, goals and schedule. <b>Project:</b> Pre-Test & 1 <sup>st</sup> day group photo.	<b>Week 7: Archer's Stand and Grip</b>  An archer's stance is their base. Grip is how an archer holds the bows riser.  <b>Learn:</b> How and why. <b>Project:</b> Properly demonstrate an archer's stance and grip.
<b>Week 2: Warm-Up</b>  Advanced stretches and daily exercises for archery competitive performance. <b>Learn:</b> How and why warm-up is important. <b>Project:</b> Use a string bow, resistant band and mirror for warm up.	<b>Week 8: Archer's Stance, Grip and Draw</b>  An archer's stance is their base. Grip is how an archer holds the bows riser. Draw is the pulling of the string to an Archer's point. <b>Learn:</b> How and why. <b>Project:</b> Properly demonstrate an archer's stance, grip & draw.
<b>Week 3: Safety and Consistency in traveling</b>  Advanced archery safety procedures, range rules, <b>Learn:</b> How to ensure yourself and others are safe during travel. <b>Project:</b> Practice being a coach.	<b>Week 9: Archer's Stance, Grip, Draw and Release.</b>  An archer's stance is their base. Grip is how an archer holds the bows riser. Draw is the pulling of the string to an Archer's point. Release is when an Archer lets the bow string go. <b>Learn:</b> How and why. <b>Project:</b> Properly demonstrate an archer's stance, grip, draw & release.
<b>Week 4: Equipment set-up for Competitions</b>  Competition equipment set-up for different archery disciplines. <b>Learn:</b> How archery equipment is made, cost, purpose, etc. <b>Project:</b> Label parts of archery equipment worksheet.	<b>Week 10: Review</b>  <b>Learn:</b> Answer questions and cover challenge topics again. <b>Project:</b> Post – Test & Semester End Photo
<b>Week 5: Terminology</b>  Using terminology to create your shot process. <b>Learn:</b> The meaning of terms used in archery, <b>Project:</b> Complete archery term worksheet.	<b>Week 11: Review</b>  <b>Learn:</b> Answer questions and cover challenge topics again. <b>Project:</b> Post – Test & Semester End Photo
<b>Week 6: Archer's Stance</b>  An archer's stance is their base.	<b>Week 12: Review</b>  <b>Learn:</b> Answer questions and cover challenge topics again.

<b>Learn:</b> Why an Archer's stance is important, how and why it should change. <b>Project:</b> Properly demonstrate an archer's stance.	<b>Project:</b> Post – Test & Semester End Photo
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**COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:** Listed with Syllabus?Outline

**STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?**

All classes abide by the following:

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

**ADDITIONAL RESOURCES: (online, books, video, etc.):**

Weekly online resources, youTube videos will be sent as needed.

**CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.**

**Attendance:** Students will need to attend at least 80% of classes offered.

**Behavior:** Respectful towards coaches and other students. First offense we will talk to parents. Second offense will result in dismissal from the program for the semester.

**Weather:** Check email, facebook and tune into wsbt TV for closures.

**Other:** It's going to be a GREAT semester!!