

# 2024 Spring GZA Syllabus and Instructor Qualifications

**CLASS TITLE:** **GZA - TARGET ARCHERY 101**

**CATEGORY:** Humanities – re-enactment & Physical Education

**GRADE OR AGE LEVELS:** 6yrs+

**START DATE:** week of 9/3/2024

**END DATE:** week of 11/18/2024

**CLASS LOCATION/ADDRESS/DATES/TIMES:**

**Niles - 2216 S. 11<sup>th</sup> St. Niles, MI 49120**

**Class Options: Tuesday, Thursday and or Sat**

**Tuesdays – Tuesday** – September 3, 10, 17, 24 October 1, 8, 15, 22, 29

November 5, 12, 19 2:30 – 4pm

**Time Options:** 4:30 – 6pm class or 6:30 – 8pm class

**Thurs.** – September 5, 12, 19, 26 October 3, 17, 24, 31 November 7, 14, 21

December 5,

**Time Options:** 2:30 -4pm or 4:30 – 6pm class

**Sats** –September 7, 14, 21, 28 October 5, 12, 19, 26 November 2, 9, 16, 23, 30

**Time:** 10:30am – 12pm

**Niles:**

Class Min # of Students: 4

Class Max # of Students: 15

**St. Joe - 4032 M-139, St Joseph, MI 49085**

**St. Joe Location – Wednesday and/or Friday**

**Wed.** – September 4, 11, 18, 25 October 2, 9, 16, 23, 30 November 6, 13, 20

**Time Options:** 4:30-6pm class or the 6:30-8pm class

**Fri.** – September 6, 13, 20, 27 October 4, 11, 18, 25, November 1, 8, 15, 22

**Time Options:** 2:30-4pm class, 4:30 - 6pm class

**St. Joe:**

Class Min # of Students: 4

Class Max # of Students: 30

**# WEEKS TOTAL:** 12

**WEEKS OFF:** 2

**DAY/TIME REQUIRED:** See class schedule **ADD'L DAYS/WK AVAILABLE:**

**# HOURS (REQUIRED): 16**

**# HOURS (POSSIBLE): 18**

**TOTAL SEMESTER HOURS POSSIBLE: 18**

**MAIN INSTRUCTOR:** Coach Dawson

**ADDITIONAL PRIMARY INSTRUCTORS (background checked)**

**CONTACT INFORMATION:**

phone: 269-240-4764

email: [groundzeroarchery@gmail.com](mailto:groundzeroarchery@gmail.com)

website: [groundzeroarchery.com](http://groundzeroarchery.com)

facebook: [groundzeroarchery](https://www.facebook.com/groundzeroarchery)

**ADDITIONAL REGISTRATION AT SITE REQUIRED? NO**

**IF YES, INSTRUCTIONS FOR REGISTRATION:**

**MAIN INSTRUCTOR QUALIFICATIONS:** I have a passion for archery! Even more, I love seeing kids learn, explore and excel in their passions. My first encounter with archery, like so many, was at summer camp when I was 8 years old. I can still feel the thrill and accomplishment I felt sighting down the arrow, releasing the string, and hitting the target. Through the years my love for archery has grown, along with my passion for teaching children. I have continued my training and currently hold the following certifications: USA Archery Level 4NTS Coach, NFAA Level 4, USA Archery Level 2 NTS Trainer and Safe Sport certified.

**COURSE DESCRIPTION (complete overview shown on website):**

**Information about the Course:**

**Ages:** 6+ yrs old

**Niles:**

**Class Min # of Students:** 4

**Class Max # of Students:** 15

**St. Joe:**

**Class Min # of Students:** 4

**Class Max # of Students:** 30

**Class Prerequisites:** None

**Materials Needed for Class:** None

**Additional Class Cost:** One-time \$10.00 bow handling component fee per student if you wish your student to handle a bow and arrow during class time.

(All archery courses offered by the partnership do not include actual bow handling or purchasing of archery equipment for the students.)

A one-time, per semester (\$10.00) bow handling component may be purchased separately by contacting Ground Zero Archery directly).

This course is open to all skill levels for target archery instruction.

Archers will learn about range safety, an archer's stance, shooting techniques, along with the general care of archery equipment.

Each student will be instructed in:

- Stretches for warming up specifically for archery.
- Determining eye dominance.
- Archery safety and range rules.
- Equipment used in archery.
- Terminology used in archery.
- How to and the importance of an archer's stance, grip, draw and release.
- How to nock, draw, aim and shoot an arrow.
- Will be instructed on scoring and retrieving arrows.
- The history of archery.
- Be exposed to basic rules of competition and the etiquette of archery.
- How to string and unstring a bow.
- Ways to continue Archery for its recreational, health, fitness and social benefits.

Recurve target bows and other archery equipment will be used for instruction purposes.

**SYLLABUS/OUTLINE: weekly breakdown of Project-Based Learning activities**

### Weekly breakdown:

<b>Week 1: Introduction</b>  Explain class rules and schedule. Induction of stretches for warming up specifically for archery. <b>Project:</b> Pre-Test & 1 <sup>st</sup> day group photo.	<b>Week 7: Archer's Stand and Grip</b>  <b>Learn:</b> How to perform an archer's stance and what a grip is. <b>Project:</b> Demonstrate an archer's stance and grip.
<b>Week 2: Warm-Up</b>  Basic stretches and exercises for archery performance, also how it has changed through the years. <b>Learn:</b> How and why warm-up is important. <b>Project:</b> Use a string bow, resistant band and mirror for warm up.	<b>Week 8: Archer's Stance, Grip and Draw</b>  <b>Learn:</b> How to perform an archer's stance, grip and learn what draw means in archery. <b>Project:</b> Demonstrate an archer's stance, grip & draw.
<b>Week 3: Safety</b>  General archery safety procedures, range rules and how they have changed through time. <b>Learn:</b> How to keep yourself safe on the range. <b>Project:</b> Practice range commands.	<b>Week 9: Archer's Stance, Grip, Draw and Release.</b>  <b>Learn:</b> How to perform an archer's stance, grip, draw and the meaning of release in archery. <b>Project:</b> Demonstrate an archer's stance, grip, draw & release.
<b>Week 4: Equipment</b>  Basic equipment used in archery today and in years past. <b>Learn:</b> How parts of the bow. <b>Project:</b> Complete Parts of bow worksheet.	<b>Week 10: Review</b>  Review this semesters topics. <b>Learn:</b> Answer questions and cover challenge topics again. <b>Project:</b> Post – Test & Semester End Photo
<b>Week 5: Terminology</b>  General terminology used in archery, past and present days. <b>Learn:</b> The meaning of terms. <b>Project:</b> Complete archery term worksheet.	<b>Week 11: Review</b>  <b>Learn:</b> Answer questions and cover challenge topics again. <b>Project:</b> Post – Test & Semester End Photo
<b>Week 6: Archer's Stance</b>  <b>Learn:</b> What an archer's stance means and is done properly. Also how it has changed over time and different styles of archery. <b>Project:</b> Demonstrate an archer's stance.	<b>Week 12: Review</b>  <b>Learn:</b> Answer questions and cover challenge topics again.

**COURSE OBJECTIVES AND APPROXIMATE TARGET DATES:** Listed with Syllabus?Outline

**STUDENT ASSESSMENT - what will be used to evaluate student progress and/or end of semester pass/fail status?**

All classes abide by the following:

- 1) Student agrees to attend at least 80% of class sessions/lessons offered. Attendance is kept online and tracked by Partnership staff. Failure to meet 80% or be on track to meet 80% may result in program discontinuation.
- 2) The Partnership Student Assessment or Performance Form is filled out by the teacher and turned in to Partnership staff. The link to this form is found on the web page for this class. Failing marks for lack of participation, behavior issues, practice time, etc. may result in program discontinuation.

**Class-specific assessment:** discuss and include the form or a link to the form that you use.

**ADDITIONAL RESOURCES: (online, books, video, etc.):**

Weekly online resources, youTube videos will be sent as needed.

**CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.**

**Attendance:** Students will need to attend at least 80% of classes offered.

**Behavior:** Respectful towards coaches and other students. First offense we will talk to parents. Second offense will result in dismissal from the program for the semester.

**Weather:** Check email, facebook and tune into wsbt TV for closures.

**Other:** It's going to be a GREAT semester!!