

Creative Movement Course Syllabus

Grades Pre-K to 6th (Recommended)

Instructor: Haley Sullivan

4835 S. Cedar Trail, Stevensville, MI 49127

Class days: Tuesday 11:00 a.m. to 12:15 p.m. or Thursday 11:00 a.m. to 12:15 p.m.

Classes begin for the Tuesday group September 10th and run through December 3rd.

For the Thursday group, classes begin September 12th and run through December 12th.

I danced for 14 years, 6 of those competitively. I studied ballet, jazz, modern, tap, pointe, lyrical, hip hop, and musical theater in high school and college. I taught dance classes as an assistant student teacher or as an independent teacher for 4 years.

Course Description: Creative Movement is a course designed to teach you ways to move and enjoy your own strength. Not everyone enjoys moving the same ways, so we'll explore creative and fun exercises that you can use all the time. We'll spend time each week learning new types of movements and focus in on class favorites.

Course Objectives:

- * To improve physical strength and flexibility.
- * To build confidence in creativity and trying new things.

- * To sample different movements, including improvisation, ballet, lyrical, jazz, kickboxing, and aerobics.

Rules

1. Respect the personal space and safety of other classmates.
2. Students will not wear street shoes to class. Ballet slippers and tap shoes are preferred, but not required. Flexible, comfortable clothing is preferred. If not wearing specified dance shoes, please wear socks.
3. Water is permitted and highly recommended. No food, other drinks, or gum to be consumed during class.
4. Have fun and try your best.

Absences and Makeups: There will be multiple opportunities during the semester to make up classes that are missed. Please notify me the day of a missed class and try to schedule a makeup date as soon as possible.

Parents: If you'd like to stay for class, I will have a small area of seating available to the side of the dance space, or you are welcome to leave for the duration of class.

Contact information:

Haley Sullivan

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