

OCTOBER | 2025

Mars/Sylvester Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 CHOCOLATE CHIP WAFFLES YOGURT VEG JUICE BOX ORANGE MILK	2 GRILLED CHEESE SANDWICH BABY CARROTS BROCCOLI FRUIT SLUSHIE CUP MILK	3 CHEESE PIZZA MIXED GREEN SALAD CUCUMBER SLICES DICED PEACHES MILK
6 MINI QUESADILLAS BABY CARROTS SALSA CUP APPLESAUCE CUP RICE KRISPIE TREAT MILK	7 WILD MIKE'S CHEESE BITES MARINARA SAUCE CUP MIXED GREEN SALAD MIXED FRUIT MILK	8 ALL BEEF HOT DOG VEGETARIAN BEANS POTATO TRIANGLE PINEAPPLE MILK	9 POPCORN CHICKEN MASHED POTATOES GOLDEN CORN DINNER ROLL APPLE MILK	10 CHEESE PIZZA TRIANGLES FRESH VEGGIES MANDARIN ORANGES MILK
13 HAMBURGER HASHBROWN STARZ GREEN BEANS DICED PEACHES MILK	14 ½ DAY OF SCHOOL PBJ SACK LUNCH PBJ, STRING CHEESE, GRAHAM, APPLE SLICES, JUICE BOX	15 MINI CONFETTI PANCAKES YOGURT VEG. JUICE BOX BANANA MILK	16 WALKING TACO CHIPS, MEAT, CHEESE REFRIED BEANS BABY CARROTS TROPICAL FRUIT MILK	17 PIZZA CRUNCHERS MIXED GREEN SALAD CUCUMBER SLICES DICED PEARS MILK
20 CHICKEN TENDERS CHEDDAR MUNCHERS CALF. BLEND VEGETABLES APPLESAUCE CUP MILK	21 BOSCO CHEESE BREADSTICKS YOGURT MIXED GREEN SALAD CUCUMBER SLICES MANDARIN ORANGES MILK	22 MINI CORN DOGS VEGETARIAN BEANS BABY CARROTS APPLE RICE KRISPIE TREAT MILK	23 YOGURT PARFAIT YOGURT/ FRUIT MUFFIN VEG. JUICE BOX MILK	24 ½ DAY OF SCHOOL LUNCHABLE BABY CARROTS, APPLE SLICES, JUICE BOX
27 CHICKEN PATTY SANDWICH POTATO TRIANGLE BABY CARROTS APPLESAUCE MILK	28 CHEESE PIZZA MIXED GREEN SALAD SLICED PEPPERS PINEAPPLE MILK	29 APPLE CINN. TEXAS TOAST TURKEY SAUSAGE VEG. JUICE BOX ORANGE MILK	30 MACARONI AND CHEESE DINNER ROLL STEAMED BROCCOLI DICED PEARS MILK	31 TRICK OR TREAT SACK LUNCH PBJ SANDWICH, STRING CHEESE, BABY CARROTS, APPLE, RICE KRISPIE TREAT, MILK HAPPY HALLOWEEN!!!

News

Berrien Springs Public
Schools Food Service is
part of:
Michigan School Meals

**MEALS ARE FREE TO ALL
STUDENTS**

One (1) breakfast and (1)
lunch will be served to each
student each school day.

If you choose to bring your
own lunch and want a milk,
the cost of a carton of milk is
\$.60.

We are requesting that
parents fill out the
EDUCATION BENEFITS FORM
AVAILABLE ONLINE @
[https://berriensprings.family
portal.cloud](https://berriensprings.familyportal.cloud)

Please contact Pam Evans @
269-471-8860 if you have any
questions.

Menu is subject to change
without notice.

This institution is an equal
opportunity provider.